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In this New York Times bestseller, legendary coach Bobby Bowden gives readers an inside look at the path that led him to become one of college football 's most successful coaches—now in paperback. Coach Bobby Bowden is an icon of college football who ran his legendary, top-ranking program with a trademark southern charm. With his recent retirement, Bowden is ready to give fans and readers the behind-the-scenes story of his 55-year career and the path that helped him become one of college football's most successful coaches and patriarch of the sport's most famous coaching family. In this book, Bowden will reveal never-before-published details of the moments and events that have defined his life, including: • The tragic death of his grandson and son-in-law in a 2004 automobile accident. • The details of his retirement as FSU's coach at the end of the 2009 season.

Coaching is an essential skill for leaders. But for most busy, overworked managers, coaching employees is done badly, or not at all. They're just too busy, and it's too hard to change. But what if managers could coach their people in 10 minutes or less? In Michael Bungay Stanier's The Coaching Habit, coaching becomes a regular, informal part of your day so managers and their teams can work less hard and have more impact. Coaching is an art and it's far easier said than done. It takes courage to ask a question rather than offer up advice, provide an answer, or unleash a solution. Giving another person the opportunity to find their own way, make their own mistakes, and create their own wisdom is both brave and vulnerable. It can also mean unlearning our "fix it" habits. In this practical and inspiring book, Michael shares seven transformative questions that can make a difference in how we lead and support. And, he guides us through the tricky part - how to take this new information and turn it into habits and a daily practice. -Bren é Brown, author of Rising Strong and Daring Greatly Drawing on years of experience training more than 10,000 busy managers from around the globe in practical, everyday coaching skills, Bungay Stanier reveals how to unlock your peoples' potential. He unpacks seven essential coaching questions to demonstrate how--by saying less and asking more--you can develop coaching methods that produce great results. - Get straight to the point in any conversation with The Kickstart Question - Stay on track during any interaction with The AWE Question - Save hours of time for yourself with The Lazy Question, and hours of time for others with The Strategic Question - Get to the heart of any interpersonal or external challenge with The Focus Question and The Foundation Question - Finally, ensure others find your coaching as beneficial as you do with The Learning Question A fresh, innovative take on the traditional how-to manual, the book combines insider information with research based in neuroscience and behavioural economics, together with interactive training tools to turn practical advice into practiced habits. Dynamic question-and-answer sections help identify old habits and kick-start new behaviour, making sure you get the most out of all seven chapters. Witty and conversational, The Coaching Habit takes your work--and your workplace--from good to great.

Learn the secrets for becoming the inspirational coach everyone is waiting for Think about the coaches you 've had throughout your life. Most likely, some were good, others not so good. Maybe one or two were great. One thing is undeniable: Coaches can influence your life in ways that can be negative or positive. A coach can either build you up or tear you down. The world needs better coaches in all walks of life—if you 're a parent, a teacher, a co-worker, or a leader, you are also a coach. Which kind of coach do you want to be? Coach to Coach helps you answer this question and shares the secrets to bringing out the best in a person, both on and off the field. For more than twenty years, author Martin Rooney has coached professional sport stars, Olympic champions, and business leaders to high levels of performance, analyzing thousands of real-life examples of what works and what doesn' t. Reading like a simple parable, this engaging book gives you an easy-to-use yet highly effective formula for becoming a better coach for your teams, in your business, and in your personal life. Packed with valuable insights and expert advice, this appealing book helps you: Learn how to be a great leader by being a great coach Create positive lives for your children and the people you work with Inspire and motivate the people around you Turn your natural skills and talents into your own unique coaching style Use proven, time-tested coaching strategies to get results Coach to Coach: An Empowering Story About How to Be a Great Leader is an ideal book for coaches, leaders, managers, entrepreneurs, educators, parents, and anyone wanting to bring out the best in those around them.

A guide to professional coaching in business environments offers insight into how to develop a personal coaching model, providing coverage of topics ranging from goal setting and data gathering to obtaining feedback and development planning.

All Great Coaches Are Good Leaders But Not All Good Leaders Are Great Coaches Coach ' Em Way Up teaches readers to exhibit their best thinking, set a great example, assess how you teach, lead with confidence, and mentor others to put them on a path to lasting competitive greatness while becoming great people, too. Based on the teachings of legendary UCLA basketball coach John Wooden, readers get effective leadership strategies for creating a culture of excellence in today 's modern workplace. Simply put, Coach ' Em Way Up does for readers what John Wooden did for decades: guide you to achieve true success challenge you to reach extraordinary levels of performance prepare you to coach yourself and others to be the very best inspire you to pursue not just greatness but also goodness Make John Wooden a coach and mentor for your future. Allow him to coach you to coach yourself, your team, and business up—all the way up.

Be your own best life coach is an inspirational guide to help readers take control of their lives and motivate themselves effectively so they can achieve their goals.Packed with advice to help readers realise their ambitions and shrug off the fears holding them back,covering everything self-starters need so they can identify their issues

More than 6 years after his death David Halberstam remains one of this country's most respected journalists and revered authorities on American life and history in the years since WWII. A Pulitzer Prize-winner for his ground-breaking reporting on the Vietnam War, Halberstam wrote more than 20 books, almost all of them bestsellers. His work has stood the test of time and has become the standard by which all journalists measure themselves. Bill Belichick's thirty-one years in the NFL have been marked by amazing success--most recently with the New England Patriots. In this groundbreaking book, THE EDUCATION OF A COACH, David Halberstam explores the nuances of both the game and the man behind it. He uncovers what makes Bill Belichick tick both on and off the field.

From a founding member of the coaching movement comes a detailed guide to mastering one of a coach's toughest skills: thoughtfully reflecting clients' words and expressions back to them so they see themselves and their world through new eyes. " Coaches rely far too much on asking open-ended questions," says Marcia Reynolds. But questions only seek answers—inquiry provides insight. When, instead of just questions, clients hear their thoughts, opinions, and beliefs spoken by someone else, it prompts them to critically consider how their thinking affects their goals. Reynolds cites the latest brain science to show why reflective inquiry works and provides techniques, tips, and structures for creating breakthrough conversations. This book will free coaches from the cult of asking the magical question by offering five essential practices of reflective inquiry: focus on the person, not the problem; summarize what is heard and expressed; identify underlying beliefs and assumptions; unwrap the desired outcome; and articulate insights and commitments. Using these practices, combined with a respectful and caring presence, helps create a space where clients feel safe, seen, and valued for who they are. Coaches become change agents who actively recharge the human spirit. And clients naturally dive deeper and develop personalized solutions that may surprise even the coach.

This is the story of a Corporate Executive who became a Head Men's College Basketball Coach. It takes the reader through the highs and lows of coaching and contrasts coaching athletes to managing employees. Find out if it was all worth it in the end.

A step-by-step guide to supercharging the coaching culture inside your organization, from the New York Times bestselling author of The Oz Principle and The Wisdom of Oz. Coaching is the most effective method for boosting human performance. Studies shows that it increases productivity by 88%. Coaching, however, has become increasingly exclusive due to the high costs of external coaches. Managers, responsible for coaching the people on their teams, are overburdened by an ever-increasing span of control with little time to coach. The solution: extend coaching to the masses, so that everyone, at every level in the organization, can get the coaching they need, when they need it. A fresh take on a traditional model, Get a Coach, Be a Coach combines decades of first-hand experience with real-life stories and practical exercises. Drawing on over 30 years of advising senior management all over the world, authors Roger Connors, Jeff Adcock, Kelly Andrews, and Seth Connors offer a bottoms-up strategy: Self-Directed Performance Coaching. Unlike most coaching styles, this innovative approach puts the Learner, not the Coach, in charge of the learner-coach relationship. Self-Directed Performance Coaching is for anyone, from brand-new hires and middle managers to senior leaders and C-level executives, who seeks to boost performance. All you have to do is: • Identify your Most Important Thing, whether it 's that pitch you want to deliver or client you want to impress. • Find a Coach who's a Level Up, or someone who has already acquired the skills and experience you need, • Coach your Coach, or guide your coaching relationship to meet your specific learning needs, and • Be a Coach, and share your newfound expertise with the next generation of Learners. This book is for all who want to create a thriving coaching culture within their organization.

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