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Coping Cat HOW TO PRINT AND

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Presentation Philip C. Kendall - Child

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Books and Therapist Manuals As a resource to professionals, we will be continuously updating this page to house the latest books and resources for professionals on child and adolescent anxiety. ... The Coping Cat Program for anxious youth: The FEAR plan comes to life Podell, J. L., Mychailyszyn, M., Edmunds, J., Puleo, C. M., & Kendall, P. C ...

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Child Anxiety Tales - Books and Therapist Manuals

Coping Cat is a cognitive-behavioral treatment for children with anxiety. The program incorporates 4 components: ... There are implementation guides or

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manuals for Coping Cat as listed below: Therapist treatment manual is available. ... with over 50% of children scoring as free from their primary disorder. Gains were maintained at the 1-year ...

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CEBC » Coping Cat › Program › Detailed

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The Camp Cope-A-Lot and Child Anxiety Tales programs are based on the Coping Cat treatment, the most researched, well-established psychotherapy treatment program for anxiety in youth. It is the gold-standard treatment used in hospitals, clinics and schools around the world for children struggling with anxiety.

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Child Anxiety Tales - Welcome  
The Coping Cat program is a CBT manual-based and comprehensive treatment program for children from 7 to 13 years old with separation anxiety disorder, social anxiety disorder, generalized anxiety disorder, and/or related anxiety disorders. It was designed by Philip C. Kendall, PhD, ABPP, and colleagues at the Child and Adolescent Anxiety Disorders Clinic at Temple University. A related program called C.A.T. Project is aimed at adolescents aged 14 to 17. See publishers webpage The goals of the tr

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Coping Cat - Wikipedia  
Buy Coping Cat Workbook (Child Therapy Workbooks Series) 2 by Kendall, Philip C (ISBN: 9781888805215) from Amazon's Book

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## Coping Cat Workbook (Child Therapy Workbooks Series ...

an ability for the therapist to act as a coping role model by describing examples of how they have coped with feelings of anxiety. an ability to use a role model or fantasy superhero that the child/young person has identified to illustrate coping with a fear. Ability to facilitate emotional recognition

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