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Microadventures Local Discoveries For Great

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Microadventures: Local Discoveries for Great Escapes ...

Great book, so far I find my mind wandering and thinking about what microadventures I can plot and plan. Defo a book that gives you food for thought. Not intimidating and definitely makes adventure seem possible.

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Microadventures: Local Discoveries for Great Escapes by ...

Microadventures: Local Discoveries for Great Escapes Kindle Edition by Alastair Humphreys (Author) › Visit Amazon's Alastair Humphreys Page. search results for this author. Alastair Humphreys (Author) Format: Kindle Edition. 4.8 out of 5 stars 395 ratings.

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Microadventures : Local Discoveries for Great Escapes. 4.16 (736 ratings by Goodreads) Paperback. English. By (author) Alastair Humphreys. Share. Also available in. CD-Audio US\$36.11. 'Enthusiastic, pleasingly madcap' Geographical.

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Microadventures : Local Discoveries for Great Escapes

Microadventures Local Discoveries for Great Escapes have becoming increasingly popular over the past few years, as a way for busy people, and those who just don ' t want to go for a full-on expedition, to experience a little bit of the outdoors, without investing too much time, money, sweat or tears. We ' re making these microadventures sound like adventures for the non-committal, but they ' re far from that.

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Microadventures Local Discoveries for Great Escapes

Microadventures: Local Discoveries for Great Escapes Paperback – Illustrated, 23 June 2014 by Alastair Humphreys (Author) › Visit Amazon's Alastair Humphreys Page. Find all the books, read about the author, and more. See search results for this author. Alastair ...

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Adventure is a loose word, a spirit of trying something new, trying something difficult. Going somewhere different, leaving your comfort zone. Above all, adventure is about enthusiasm, ambition, open-mindedness and curiosity. Adventure is all around us, at all times. Even during hard financial times such as these. Times when getting out into the wild is more enjoyable, invigorating and ...

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Microadventures: Local Discoveries for Great Escapes ...

Microadventures. A microadventure is an adventure that is short, simple, local, cheap – yet still fun, exciting, challenging, refreshing and rewarding. As the world 's population becomes increasingly urbanised, busy, and stuck in front of a screen, microadventures offer a realistic escape to wilderness, simplicity and the great outdoors, without the need to ski to the South Pole or go live in a cabin in Patagonia.

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### Microadventures - Alastair Humphreys

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### Amazon.com: Microadventures: Local Discoveries for Great ...

Preview — Microadventures by Alastair Humphreys. Microadventures Quotes Showing 1-8 of 8. “ Sometimes all you need is to climb a simple hill, to spend time staring at an empty horizon, to jump into a cold river or sleep under the stars, or perhaps share a whisky at a small country inn in order to remind yourself what matters most to you in life. ” . Alastair Humphreys, Microadventures: Local Discoveries for Great Escapes.

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### Microadventures Quotes by Alastair Humphreys

Microadventures are adventures that are close to home, cheap, simple, short, and yet very effective. A microadventure has the spirit (and therefore the benefits) of a big adventure. It ' s just all condensed into a weekend away, or even a midweek escape from the office. Even people living in big cities are not very far away from small pockets ...

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### Microadventures - Alastair Humphreys

Getting out into the wild, if only for one night, is enjoyable, invigorating and important. ” . “ Microadventures: Local Discoveries, Great Escapes ” is the newly released book by Al and is jam packed with inspiration, ideas and suggestions for getting outdoors and creating a good work/life balance.

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