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Bolt #73 Get the chrome angle adjuster for the back rest of the bench. Plus the shortest of the long bolts, #73. Put the bolt through the top hole. Page 37 Bolt #74 Bolt #62 To finish off the bench frame, put the remaining long bolt through the bench frame. Time to put on the bench press arms. First slide the solid steel axis through the main upright.

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[ASSEMBLY ONE Note before beginning assembly: Always insert](#)

[all bolts through holes prior to tightening due to precision fit WB-](#)

[LS11 WORKBENCH LEVERGYM... Page 6 ASSEMBLY TWO](#)

[WB-LS11 WORKBENCH LEVERGYM... Page 7 ASSEMBLY](#)

[THREE WB-LS11 WORKBENCH LEVERGYM... Page 8](#)

[ASSEMBLY FOUR WB-LS11 WORKBENCH LEVERGYM...](#)

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Here are some simple tips to help you get your Powertec bench -

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whether it be Utility Bench, Multi System, LeverGym or other Powertec gym equipment with a be...

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Tighten up all your nuts and bolts and your LeverGym is ready. Page 31 WB-LS13 Workbench LeverGym Additional Instructions The Powertec WB-LS13 LeverGym comes in two cartons. One carton is 152cm x 77cm x 19cm and the other is 147cm x 64cm x 19cm. Here is the hardware laid out.

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Review the Powertec Workbench Multi System WB-MS16 The Ultimate Home Gym For Any Workout! The Powertec Workbench Multi System (WB-MS16) is the ultimate machi...

Powertec Workbench Multi System WB-MS16 Review - YouTube

The Workbench's new design provides additional stability and allows users to adjust the seating area and Back Rest Pads at different settings with ease thanks to its unique Ball Bearing Driven Carriage. Expandable with Accessories: The bench includes the front tube adaptor that accepts all modular Powertec Workbench Accessories.

WORKBENCH MULTIPRESS - PowerTec

Powertec is the pioneer and leader in innovative strength equipment. Headquartered in southern California, and with

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operations in the United States, Europe and Asia, Powertec continues to design and produce a full line of innovative strength equipment for home and light commercial use.

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design Powertec Workbench Assembly Instructions WB-LS13 Workbench LeverGym Additional Instructions The Powertec WB-LS13 LeverGym comes in two cartons. One carton is 152cm x 77cm x 19cm and the other is 147cm x 64cm x 19cm. Here is the hardware laid out. The count may differ from the hardware list

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Powertec does not share, sell or lease your e-mail address or other information to any 3rd parties. From time to time we may send you unsolicited mail or email regarding new promotions or sales. If you would like to remove your name from these notifications send an email to POWERTEC, INC.

Faq - PowerTec

The Powertec Olympic Bench is the new market standard. The fully adjustable Flat-Incline-Divide bench can slide forward and back for the most optimal pressing positions. The Olympic bench also comes with our signature attachment adaptor that can be fitted with a wide selection of attachments for even more exercise options.

WORKBENCH OLYMPIC BENCH - PowerTec

The new Streamline Olympic Bench (WB-OBS18) comes in all black matted finish matching, the signature look for all Streamline products. While the bench cannot accept additional attachments, it retains all the functionalities of a standard Olympic bench, with options for incline, flat and shoulder press. The economical Olympic Bench solution.

STREAMLINE OLYMPIC BENCH - PowerTec

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Power rack out, PowerTec in. Assembled by Father and son. Video editing by GalerieBlu. Music: Feast or Famine (Damien Dane's Suck It Dry Remix) by Niko Lorra...

Powertec Workbench Multisystem @ The Gungle Gym Workout ...

Get Free Powertec Workbench Assembly Instructions Powertec Workbench Assembly Instructions ASSEMBLE THE QUICK-RELEASE PLATES AND WORKBENCH CASTERS • Make sure the stand is sitting on a flat stable surface. • Measure and mark 2-1/2" (65.3 mm) from the floor to the center of the workbench leg. (Figure 1) • Place the caster plate onto the workbench leg and

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Or in the same way as visceral in the office, this powertec workbench assembly instructions is along with recommended to entry in your computer device. Powertec Workbench Assembly Instructions The Workbench's new design provides additional stability and allows users to adjust the seating area and Back Rest Pads at different settings with ease thanks to its unique Ball Bearing Driven Carriage.

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POWERTEC WORKBENCH® POWER RACK - ASSEMBLY BUILD - YouTube PowerTec power rack WB PR-10 assembly - Duration: 0:35. K T 19,239 views. 0:35. 2862 - Fitness Reality X-

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Class 1500lb Weight Bench with Preacher Curl & Leg Developer
Attachment - Duration: 4:09. PowerTec utility bench WB-UB10
assembly Thank you for purchasing your new Powertec equipment.

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