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In 2003 she started a blog about Japanese cooking called Just Hungry, and in 2007 a companion blog about bento box lunches called Just Bento. Just Hungry remains the most popular blog about Japanese cooking in

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English, and Just Bento boasts more than 220,000 subscribers and millions of page-views a month. Page 1 of 1 Start over Page 1 of 1

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The Just Bento Cookbook: Everyday Lunches to Go. By Makiko Doi. The first of her two Bento cookbooks, this one has a section on Japanese style bento, as well as a section of not so Japanese style bento. The recipes are different from the other book, so I have more lunch ideas to add to my repertoire. 4 Stars.

The Just Bento Cookbook: Everyday Lunches to Go by Makiko Itoh
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The Just Bento Cookbook 2: Make Ahead, Easy, Healthy Lunches to Go is the sequel to the best-selling The Just Bento Cookbook. It contains almost all new recipes (with the exception of a handful of "classics"), and is designed to expand your bento making repertoire, as well as increase your knowledge of Japanese home cooking in

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Bento fever is sweeping the world fuelled by its promise of superb food that is economical and healthy in these tough economic times.

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I found the Just Bento blog, and decided to get the cookbook, which was a great decision. I love the complete bento chapters, with all the variations, and the explanations about techniques and ingredients that aren't necessarily obvious to a western cook.

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Just Bento Cookbook, The: Everyday Lunches To Go by Makiko Itoh, 9781568363936, available at Book Depository with free delivery worldwide.

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