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Psychedelics □ Microdosing, Mind Enhancing Methods, and More | The Tim Ferriss Show (Podcast) ~~James Fadiman - Psychedelic Explorer's Guide Present! - (part two) Seeking the Divine Within with James Fadiman, Ph.D. Microdosing: A conversation with James Fadiman Episode 035 - Dr. James Fadiman - Psychedelics Explorer's Guide Present! - (part one)~~

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Jim Fadiman on \"Cultural Implications of Altered State of Consciousness\"

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Podcast #57: Can psychedelics treat depression? - Dr. Jim Fadiman ~~Buddhism and Psychedelics: Part 3 Michael Pollan - Psychedelics and How to Change Your Mind | Bioneers Revealing the Mind: The Promise of Psychedelics The Benefits of Psychedelics - Michael Pollan Microdosing Psychedelics for Leadership - Creativity - Paul Austin #TOA17 The Psychedelic Explorers Guide Safe~~

The Psychedelic Explorer's Guide is written with a wry humor that brings Fadiman's sincere, soulful intentionality immediately to the reader, integrating and transforming from the moment one opens this important, mature, and absolutely essential book. If you are interested in the safe, effective, and transformative use of psychedelics to improve our lives and our society, you will devour this book.

~~The Psychedelic Explorer's Guide: Safe, Therapeutic, and ...~~

In this guide to the immediate and long-term effects of psychedelic use for spiritual (high dose), therapeutic (moderate dose), and problem-solving (low dose and microdose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience - from the benefits of having a sensitive guide during a

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session (and how to be one) to the importance of the setting and pre-session intention.

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The Psychedelic Explorer's Guide: Safe, Therapeutic, and Sacred Journeys, in which he [James Fadiman] clears up current myths and misperceptions about psychedelics, and presents findings from both long-neglected and recent clinical studies, research experiments, and surveys showing a surprising range of benefits from safe, supervised psychedelic use.

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~~The Psychedelic Explorer's Guide : Safe, Therapeutic, and ...~~

Psychedelics for spiritual, therapeutic, and problem-solving use □ Presents practices for safe and successful psychedelic voyages, including the benefits of having a guide and how to be a guide □...

~~The Psychedelic Explorer's Guide: Safe, Therapeutic, and ...~~

A brilliant and thoughtful book by one of the leading proponents of safe and responsible use of psychedelics, primarily LSD. Although he acknowledges the spiritual power of entheogenic substances the main focus of the book is how to use these substances to enhance creativity.

~~Psychedelic Explorer's Guide: Safe, Therapeutic, and ...~~

The Psychedelic Explorer's Guide: Safe, Therapeutic, and Sacred Journeys Audible Audiobook □ Unabridged. James Fadiman PhD (Author), Steven Jay Cohen (Narrator), Tantor Audio (Publisher) & 2 more. 4.6 out of 5 stars 302 ratings.

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### ~~The Psychedelic Explorer's Guide by James Fadiman PhD ...~~

Like. In the scientific world, "fear" is usually called "skepticism." James Fadiman, The Psychedelic Explorer's Guide: Safe, Therapeutic, and Sacred Journeys. 2 likes. Like. The authors' prior experience in clinical research<sup>4</sup> had amply convinced us of the possibility of long-term performance enhancement using psychedelic agents in a safe, supportive setting.

### ~~The Psychedelic Explorer's Guide Quotes by James Fadiman~~

Psilocybin has a long track record of safe use. Combine that small dose amounts, and microdosing appears to be safe. As you can see in the graph below, psilocybin is one of the safest substances you can find, both biochemically and socially. It's even safer than alcohol.

### ~~Ultimate Guide to Microdosing Mushrooms (Backed By Research)~~

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ZERO TO THREE works to ensure that babies and toddlers benefit from the early connections that are critical to their well-being and development.

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